



2014 Spring Edition

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# NEWSLETTER

## HUNTINGTONS QUEENSLAND



Day Centre on the River with Sailability

### FROM THE PRESIDENT

The month of September is HD Awareness month in New South Wales, ACT and Queensland. We are very fortunate and pleased that the Salvos Stores have adopted HD as their cause for the entire month for their Eastern region. This will mean that all 33 stores in Queensland will be promoting awareness of HD and have fund raising activities in place. I would ask HD families to assist in this by visiting Salvos Stores in your local area and make yourself known to them and to assist in any way that you can. The list and addresses of Salvos Stores is included on page 10 in this edition of the Newsletter.

Our Annual General Meeting will be held on Wednesday 8<sup>th</sup> of October and firstly I ask you to attend and secondly ask you to consider accepting a position as a member of the Committee of Management. You may have a friend or know someone that would be interested. If so please let either the HD office or me know. Please remember that 2014-2015 memberships were due for renewal in July. If you haven't already done so, please complete and return the Membership Form included with this Newsletter.

In the last Newsletter I advised you that Queensland Health had told us that the current funding arrangements would be extended to 30<sup>th</sup> September 2014 and that we would be required to submit our Transition Plan by this date. Our Transition Plan is required to state how Huntingtons Queensland will be sustainable into the future without Queensland Health funding past 31<sup>st</sup> December 2015. I am pleased to tell you that this Plan is completed in draft form and will be submitted on time. We trust that our Plan will be accepted; however we have a lot of work to do in the years ahead of us. In future Newsletters we will include updates on our plans for the introduction of the NDIS in Queensland.

Finally, I'd like to welcome our new Executive Officer, Bernard Wilson. You will find some information on his background on the following page.

*Gerry Doyle, President*

# Calendar -September to December 2014

Date	Activity	Date	Activity
Thu 18 Sep	Brisbane North Family Support Group	Mon-Wed 17-19 Nov	Cairns Regional Trip
Fri 19 Sep	Toowoomba Family Support Group	Wed-Fri 19-21 Nov	Townsville Regional Trip
Mon-Wed 22-24 Sep	Rocky / Gladstone / Mackay Regional Trip	Wed 26 Nov	Combined Coffee Catch Up Christmas Lunch
Wed 1 Oct	Ipswich Family Support Group	Thu 27 Nov	Brisbane North FSG Christmas Lunch
Wed 8 Oct	Brisbane Coffee Catch Up	Fri 28 Nov	Toowoomba FSG Christmas Lunch
Mon 13 Oct	Gold Coast South Family Support Group	Wed 3 Dec	Ipswich FSG Christmas Lunch
Wed 15 Oct	Brisbane East Family Support Group	Thu 4 Dec	Sunshine Coast FSG Christmas Lunch
Wed-Sat 15-18 Oct	Bundaberg Fraser Coast Regional Trip	Mon 8 Dec	Gold Coast FSG Christmas Lunch
Fri 24 Oct	Sunshine Coast Family Support Group	Wed 10 Dec	Brisbane East FSG Christmas Lunch
Thu 30 Oct	Logan Family Support Group	Tue-Sat 16-20 Dec	HYPe Holiday
Wed 12 Nov	Brisbane Coffee Catch Up		

## Concession Stamps from Australia Post

Australia Post recently raised the cost of a standard stamp to 70c but to keep postage affordable for people with Concession Cards they are offering 60c stamps if you register at your nearest Post Office. You will be given a



MyPOST Concession Card and a free booklet of five stamps to start you off. After that you can use your MyPOST Card to purchase five stamps at a time at 60c each up to a maximum of 50 stamps per year.

For more information go to the internet:

<http://auspost.com.au/parcels-mail/concession-stamps.html>



## OUR NEW EXECUTIVE OFFICER!

Greetings all, brand new in the role, and ready to go! Hello to all our members, families and friends out there living with Huntington's. I am both disturbed and inspired by my readings of your experiences with this most intrusive and challenging disease and its impact on families. I was particularly touched to read of Jessica's story in the March Newsletter, of her and her young family's courage and anguish with Huntington's. I have not met Jessica however I thank her sincerely for sharing her story and journey with us, and am quite sure Jessica has inspired others too!

I have been working in the human services area for over a dozen years, and have had the privilege of working with older Australians, people with disability, brain injury or mental ill health. Within Huntington's there is much for me to learn and better understand about how best I and our small team may support the Huntington's effort, however with your help I believe I have the background and the determination to do well for you.



I am a general manager by training, and hold a Masters Degree in Business Administration. I strive to plan, collaborate and communicate well. I have a reasonably open door policy and am available to any of our families and stakeholders at any time. Please call or email me so I may better understand your hopes, needs and expectations. I look forward to meeting many of you in the weeks and months ahead.

I thank Gerry Doyle and other members of the Committee of Management for their confidence in appointing me, and I commit to a productive and open partnership with the CoM to bring our respective skills and energy to the task.

Sincerely

Bernard Wilson Executive Officer

0409 842 131

[bwilson@huntingtonsqlld.com](mailto:bwilson@huntingtonsqlld.com)

## FOUR CLEVER SMARTPHONE APPS TO ASSIST YOU.....

### 1) Watch Over Me App

#### The app that watches over you when you need it the most



If you've ever called a friend or family member while walking alone through an alley just so "someone will know where you are", this is the app for you.

#### Sends out emergency alerts when you fail to check in safely

Let us know how long you want to be watched over for and we will track your location every minute during that duration. If we don't hear from you when time is up, your loved ones get notified immediately with your location on a map, and a video-capture from your smartphone (Android only feature)

#### Shake your phone to trigger an emergency alert immediately

If you're running short on time, all you have to do is launch the app then hold the phone in your hand, and shake it when something goes wrong. The app will sound an alarm, take a video of what's going on, and send your location to your loved ones - all you need to do is shake it!



## 2) MedicineList+ App

### What is a medicines list?

The more medicines you take, the more difficult it can be to remember important information about them. A medicines list can be a useful way to keep all the information about your medicines together.

Keeping an up-to-date list of all the medicines you take will help you to get to know your medicines, get better results from your medicines and enjoy better health.



### Why use the MedicineList+ smartphone app?

Using the free **MedicineList+** smartphone app means you will always have your medicines and health information with you. It can also:

- remind you how and when to take your medicines so you can get the most out of them
- help everyone involved in your health care to know which medicines you use so medicines mistakes are prevented
- help your doctor and pharmacist to check and review your medicines so they can make the right decisions about your health
- provide vital information about your medicines in an emergency, helping to ensure your safety

You can update your information as it changes, and set alarms to remind you when to take your medicines.

**NPS MedicineWise does not see or store any of the information you enter.**

## 3) Emergency+ App

**Have you ever wondered how you would let Emergency Services know where you were if you were stranded on the road and needed to call for help?**

The Emergency+ app helps people call the right number at the right time.

It uses a mobile phone's GPS functionality so callers can provide emergency call-takers with their location information as determined by their smartphone. The app also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

The Emergency+ app can help you decide which emergency service number to use and will display your location in latitude and longitude coordinates and the street address of the location you are in. Then you can pass on accurate information to the operator so they can send help to the correct location.



## 4) Help Me! App

Introducing the Daniel Morcombe Foundation 'Help Me' App. A great way to not only help keep kids safe, but assist people of all ages, from 7 to 97, covering all kinds of personal emergency situations!

Available on Apple & Android.



### MAJOR SAFETY FEATURES

The 'Help Me' button sounds a warning and allows you to send off an SMS text to two nominated 'safety' numbers, as part of your Trusted Safety Network. Included in the text are GPS co-ordinates from where the text was sent, so the sender can be located or a last known place of contact is indicated.

### CREATING YOUR SAFETY NETWORK...It's Easy!

Mobile phone numbers for your 'safety' numbers are easily obtained from your Contacts with a simple manual check and upload of the numbers. These numbers form part of your Trusted Safety Network and can be simply changed at any time by going to the Settings menu item and updating your desired numbers. This is particularly helpful when people are not in your immediate area, there are shared parental responsibilities or someone could be away on holidays for a period of time + much more!

## Roche-Isis Announces Deal to Support Development of HD 'Gene Silencing' Drugs to Human Trials

### HD blog news flash by Gene Veritas (aka Kenneth Serbin): key drug trial planned for 2015

Dear friends! In the fight against Huntington's Disease, good news! The long-anticipated clinical trial of a drug that could potentially stop HD at its genetic roots and perhaps someday even prevent the disorder in presymptomatic HD gene carriers like me, could start by the middle of 2015.

Officials at Carlsbad, CA-based Isis Pharmaceuticals Inc in an interview with me on August 22, said that the Phase I trial for their drug, ISIS-HTT-Rx, likely will start by the second quarter of 2015, as long as the company receives regulatory approvals and fulfills other standard requirements for trials. The trial will involve 36 early-stage Huntington's patients at four to six sites in Canada and Europe. If Phase II occurs, the companies would extend the study to the US.

Along with its partner Roche, the Swiss pharma giant, Isis is making necessary final arrangements such as the selection of sites, to be announced in early 2015. Significantly, with the development of ISIS-HTT-Rx - the culmination of nearly a decade-long search for an efficacious drug in which the company tested some 2,000 potential drug candidates - the engineering of the drug is complete.

Let's cheer on the Isis-Roche team as it brings the hope of an HD-stopping drug.

This is the topic of "News flash: Isis and Roche hope to start Huntington's gene-silencing trial in first half of 2015," the latest entry in my blog At Risk for Huntington's Disease, which you can view at [www.curehd.blogspot.com](http://www.curehd.blogspot.com)

My report includes a short video shot at Isis headquarters. Stay tuned for further reports on the clinical trial.

As always, your feedback is welcome. You can post comments on the blog. You can also write me at [curehdnow@earthlink.net](mailto:curehdnow@earthlink.net) [mailto:[curehdnow@earthlink.net](mailto:curehdnow@earthlink.net)]. I'm on Facebook, too.

*Yours in the struggle to cure diseases*

*Gene Veritas*

**READ ON FOR THE HDBUZZ TAKE ON THIS IMPORTANT ANNOUNCEMENT!**





## Major Roche-Isis Deal Boosts HD Gene Silencing

'ASO' gene silencing drugs for HD boosted by major deal between Isis Pharmaceuticals and Roche

By Dr Ed Wild on April 09, 2013 Edited by Dr Jeff Carroll

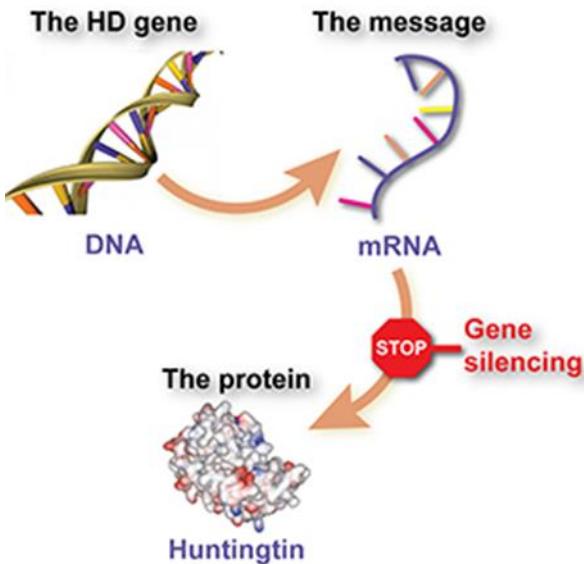
*Isis Pharmaceuticals and Roche have announced a multi-million dollar deal to support the development of 'gene silencing' drugs to human trials. This is big news that secures the future of these exciting drugs for Huntington's disease.*

If you ask a hundred Huntington's disease researchers what the most promising experimental approach to preventing and treating Huntington's disease is, nearly all would say 'gene silencing', also known as 'Huntingtin lowering' treatments. Now, a major deal between Isis Pharmaceuticals and drug giant Roche promises to support the development of one kind of gene silencing drug, called **ASOs**, taking them through to clinical trials in patients as quickly and efficiently as possible.

### What's gene silencing?

The cause of Huntington's disease is the protein huntingtin, which is made throughout the body. Huntingtin is useful, but in HD, an abnormal form of the protein called mutant huntingtin causes damage, kills neurons and eventually produces the symptoms of the disease.

The instruction set for making the huntingtin protein - the huntingtin gene - is stored in every cell and is made of DNA. To make a protein, the cell first manufactures a working copy of DNA, from a related molecule called RNA. That 'message molecule' is then read many times by the protein-making equipment of the cell, which churns out lots of copies of the protein.



Gene silencing drugs reduce production of the harmful huntingtin protein by preventing cells from reading huntingtin's message molecule.

This RNA message molecule is the target of gene silencing drugs. The drugs are made from chemicals similar to RNA, and are designed to stick to the huntingtin message molecule but not to other message molecules. Once stuck, the drug tells the cell's own machinery to dispose of the message molecule, so the protein isn't made. That's why gene silencing is also called huntingtin lowering.

There are different options for exactly what the drug molecules are made from, and several teams across the world are developing and testing different approaches.

So far, we've seen gene silencing drugs tested in several different animal models of Huntington's disease, successfully delaying symptom onset or even reversing symptoms. These groups of researchers are now racing to hone their drugs and begin human trials.

### Isis and ASO drugs

Anti-sense oligonucleotides or ASOs are one type of gene silencing drug, made from a DNA-like chemical. Isis Pharmaceuticals is the main driver developing ASO drugs for Huntington's disease.

The main advantage of ASO drugs is that they naturally spread quite well through the brain when injected into the spinal fluid. In contrast, other gene silencing drugs with names like RNA interference, siRNA or shRNA, need to be injected directly into the substance of the brain and don't spread very far without help.



Last year, Isis announced successful safety trials of an ASO huntingtin gene silencing drug in primates, a crucial step on the road to getting a drug approved for human trials. Right now, Isis is at the stage of honing its drugs and deciding which one is best to take forward.

## A pretty big deal

Developing ‘designer’ drugs is hard, and expensive, and testing drugs in human patients is the most expensive part. A fairly small company Isis would be unable to afford the huge cost of further development on its own, even with the support of existing partners like the CHDI Foundation. That’s why the newly announced deal with Roche is big news.

Essentially, Roche has committed to paying Isis **\$30 million** for the development of its Huntington’s disease drugs and the first ‘phase 1’ clinical trial in patients. If that goes well, Roche will pay up to \$362 million to further support the development and licensing of the drug.

Beyond the money, the deal also gives Isis access to the significant resources and technologies of Roche. One exciting future possibility is Roche’s **brain shuttle** technology, which aims to get the drugs into the brain without having to inject them into the spinal fluid.

## Turning off one or both?

Every person has two copies of the huntingtin gene, one inherited from each parent. In most cases, Huntington’s disease is caused by just one faulty copy of the gene. Meanwhile, the normal copy of the gene produces a protein that does useful stuff and doesn’t cause harm.

Isis’s drugs that are closest to human trials target the message molecules from both copies of the gene - mutant and normal. So far, the early indications are that this approach is successful without causing harm. In part, that’s because neither copy of the gene is ‘silenced’ entirely.

But Isis is also working on drugs that only silence the mutant copy of the gene, reducing the potential for side effects. This is called **allele-specific silencing**. That’s a surprisingly difficult thing to do, because the place where the mutant gene is different isn’t necessarily the best place for a silencing drug to stick. So the drug-hunters have to look for other small differences between the two copies.



If the Isis drug works, Roche’s ‘brain shuttle’ technology may help it get into the brain from the blood.

We don’t yet know what approach to gene silencing will be best, so it’s good to know that the deal will support both options.

## Timelines

While it’s great to hear that a big pharmaceutical company like Roche is willing to commit such large sums of money to a Huntington’s disease drug, the big question for HD families is when clinical trials will begin in patients.

Both companies are understandably reluctant to commit to a specific deadline. In a conference call, Stanley Crooke of Isis said that “A little while” is as precise an answer as I’m comfortable giving today”. Safety is paramount: it’s essential to get the drugs as good as possible and test them thoroughly before taking the risk of giving them to a human.

But it’s clear both Roche and Isis want to move forward as quickly as possible, and thanks to this huge deal, they now have the combined resources to make this happen.

*Dr Carroll, who edited the article, has undertaken Huntington’s Disease research using ASOs and allele-specific silencing in collaboration with Isis. The article was drafted without his input, and his research and publications are not featured directly in the article. His editing of the article did not change its balance. For more information about our disclosure policy see HDBuzz FAQ at <http://en.hdbuzz.net/about/faq#conflict>*



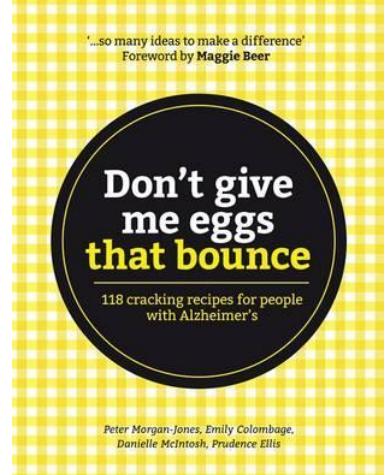
# RECIPE BOOK REVIEW

## “DON’T GIVE ME EGGS THAT BOUNCE”

At last, an imaginative recipe book “Don’t Give Me Eggs That Bounce” for those with special dietary requirements published by HammondCare Media. “When HammondCare’s Chief Executive, Dr Stephen Judd, wrote about eggs served to some older people as being more like ‘kiln-fired organic pottery’ than real eggs, he sparked a conversation that has led all the way to this book and beyond.”

While the subtitle is “118 Cracking Recipes for People with Alzheimer’s” it also has great relevance for those experiencing swallowing and eating difficulties related to Huntington’s Disease. In addition to wonderful recipes, the book boasts a heart-warming forward by Maggie Beer and some helpful information about nutrition, high energy and protein foods, supplements, dieticians and much more.

HammondCare Media has very kindly provided the following recipe for you to sample. If you’d like to purchase a copy of this great book on the internet, please go to <http://www.hammond.com.au/shop/hammondcare-media>



## Chicken & Corn Soup with Herb Butter

**Serves 6 as an entree • Prep 10 mins • Cook 20 mins**

### Garlic butter ingredients

(makes enough for 8–10 portions)

- 2 cloves garlic
- 80g butter
- 1½ tbsp Italian parsley, chopped
- 1 tsp chives, finely snipped
- ¼ tsp ground cumin

### Soup ingredients

- 4 corn cobs or 350g of frozen corn kernels, defrosted
- 150g chicken, finely diced (no more than 0.5cm pieces)
- 1.25 litres chicken stock
- 50g butter
- 1 clove garlic, finely chopped
- Sea salt and finely ground white pepper to taste

### Garlic butter

Soften the butter. Fold in all the ingredients and stir. Wrap into a cylinder (20 cent coin diameter) using cling wrap and chill.



### Soup

Remove husks from the corncobs and using a knife, cut all kernels off the cob, by sliding the knife down four sides of the corn. Melt the butter, sweat off the onions and garlic for 4 minutes—no colour. Add stock and bring to boil. Add the freshly husked corn kernels, cover and simmer until cooked (about 15 minutes). Add the chicken and simmer for a further 5 minutes. Remove from the heat and use a stick blender to puree the mixture until smooth. Season with salt and pepper. Use a commercial thickener to ensure the appropriate consistency for those on thickened fluids.

Serve hot with a 0.5cm thin slice of garlic butter on top.

### Tips

*Ideal served chilled on a hot summer's day and is great as an addition to an afternoon tea. Appropriate for regular, soft and minced and moist diets and all levels of thickened fluids.*



## TWO GREAT FUNDRAISING FAMILIES – TWO GREAT STORIES!

### The Beecham Family

In 2010 Chris Beecham of Beecham Holden at Caboolture initiated a program for QBE Insurance to make a charitable donation to Huntingtons Queensland by way of CTP on first time registered vehicles sold through Beecham Holden. Since 2010 the Association has received over \$12,000 in donations from QBE. Here's their story.

Beecham Holden is proud to have partnered with QBE Insurance in order to support Huntingtons Queensland in their on-going research and charitable efforts.

For many years now, we've donated money from the sale of each new car insurance policy towards Huntingtons Queensland with the hope of improving research and ultimately the lives for those affected by the disease.

As a long running family business of 27 years in the South-East Queensland region, we felt it was important to give back to the community that has in turn supported us for so long.

Our dealership has a strong sense of family and employs around 40 great local people from the Caboolture and Sunshine Coast region. Several key staff have been with the dealership for more than 20 years, and in 2011 Chris and Patty welcomed their eldest son Lockie into the family business.

At Beecham Holden we don't see ourselves as 'just another car dealer'; we live cars, we love cars, and we can't do enough for our customers. We wanted to extend that same attitude to our community support as well, and we are proud of our ongoing involvement with both QBE and Huntingtons Queensland.

### Cam Wilson, Family & Staff

Cam is fundraising for Huntingtons Queensland once more! Here's his latest press release.



### New Guinness World Record Attempt Announced for Charity!

Following the success of Cam Wilson's World Record Attempt in February this year, Cam and his team are at it again! Cam has announced, they will attempt a new record February 17<sup>th</sup>-18<sup>th</sup> 2015, to raise funds for Huntingtons Queensland. As Cam doesn't want to attempt to beat his own record, this time they will go for something slightly different. The attempt is in *Karting – Greatest Distance*

*Travelled in 24 hrs – Indoors (Team)*. This attempt allows six drivers, for the one kart, to test their skills and speed over 24 hours. There currently is no record of this type, however Guinness World Records has set a minimum distance of 500km, to recognise the record. This time the attempt will take place at Cam Wilson's *Slideways – Go Karting Gold Coast* facility, based at Nerang Qld. Cam has carefully chosen his team of drivers, based on their driving ability, and length of time they have worked with him. The Drivers are:

Cam Wilson (Owner)

Dan Tuite (General Manager)

Tim Harris (Centre Manager)

Danial Goddard (Shift Manager)

Nathan Roach (Track Manager)

Chris Hinton (Engineer)

Planning for this type of event takes over six months, without the help of the Officials, PR and Marketing, Volunteers and Staff, it would not be possible. Stay tuned for more exciting announcements leading up to the event!

Why not get your mates together for a great track day on 17<sup>th</sup> & 18<sup>th</sup> next year to support a fun and worthy event?



The Beecham Family left to right: Lockie, Charlie, Patty & Chris



## Huntington's Disease Awareness Month

### September 2014

The Salvation Army is kindly supporting our families during Huntington's Disease Awareness Month by promoting HD awareness in their 33 Salvos Stores throughout the Eastern region of Queensland.

We ask you to support the Salvos and HD awareness at the same time, by popping into your nearest Salvos Store and take a browse around for a bargain. There are eighteen stores in Brisbane, twelve on the Gold Coast and three in Townsville.

Find you nearest store at:

<http://www.salvationarmy.org.au/en/find-us/?nearest=store> OR check out the list of stores below.



#### Brisbane

23 South Pine Road  
**ALDERLEY**  
 Unit 4/17 Boniface Street  
**ARCHERFIELD**  
 58 Eastern Road  
**BROWNS PLAINS**  
 12 Coal Street  
**BUNDAMBA**  
 Unit 2 Burpengary Place 290  
 Bruce Highway  
**BURPENGARY**  
 7/71 Redland Bay Road  
**CAPALABA**  
 Unit 3b/25-31 Shore Street  
**CLEVELAND**  
 2433 Logan Road  
**EIGHT MILE PLAINS**  
 Shop 2/8 Railway Pde  
**GEEBUNG**  
 1473 Anzac Avenue  
**KALLANGUR**  
 Unit 4/690 Gympie Road  
**LAWNTON**  
 Cnr Kingston & Wembley Rd  
**LOGAN CENTRAL**

554 Lutwyche Road

#### LUTWYCHE

Shop 2 Market Drive  
**CABOOLTURE SOUTH**

80 Glenrosa Road  
**RED HILL**

77 Rainbow Street  
**SANDGATE**

3255 Logan Road  
**UNDERWOOD**

119 Bay Terrace  
**WYNNUM**

#### Gold Coast

61 Alamein Street  
**BEENLEIGH**

Shop 3  
 Treasure Cove Shpg Centre  
 Cnr Oxley Dr & Brisbane Rd  
**BIGGERA WATERS**

1730 Gold Coast H'way  
**BURLEIGH HEADS**

2/104 River Hills Road  
**EAGLEBY**

Shop 11 Mermaid Plaza  
 2384 Gold Coast H'way  
**MERMAID BEACH**

3-9 Precision Drive

#### MOLENDINAR

64 Main Street  
**MURWILLUMBAH**

Shop 4-5/23-25 Station St  
**NERANG**

110 Old Pacific Highway  
**OXENFORD**

Shop 16-17 8th Avenue  
**PALM BEACH**

15 Nind Street  
**SOUTHPORT**

2/45 Greenway Drive  
**TWEED HEADS SOUTH**

#### Townsville

Lot 4 High Range Road  
**THURINGOWA CENTRAL**

398 Flinders Street  
**TOWNSVILLE**

Suite 2/216-230 Woolcock St  
**CURRAJONG**



## FUNDRAISING

### GENEROUS DONORS SUPPORTING HUNTINGTONS QUEENSLAND

A big thank you! We have received and gratefully acknowledge major financial assistance from the following kind donors:

*Greg & Kerry Milliner*

*John & Sally Gauci*

*Jan Hall*

*Sandra Burns & David McNamara*

*Pamela Webb*

*Maida White*

*Shirabde Gordon*

*Margaret Bruce*

*Kingaroy Chapter – Order of the Eastern Star*

*Sunnybank Community & Sports Club*

*Dr Michael Gattas*

*A&R Quilters*

*Alan McKinless*

*Roger Pratten*

*Jody Willaims*

*Mary Stunden*

*Maurice Hariman*

*Appelien & John Stride*

#### DONATIONS TO HUNTINGTONS QUEENSLAND

If you would like to donate to Huntingtons Queensland and have internet access, go to our website [www.huntingtonsql.com](http://www.huntingtonsql.com). Scroll down to the 'Please Make a Donation' section on the bottom left, click on the button <CLICK HERE> and follow the instructions.

All donations over \$2 are tax deductible and we will send you a receipt for taxation purposes.

#### MEMBERSHIPS ARE DUE!

And so the end of the financial year rolls around once more.

Membership renewals were due July 1<sup>st</sup> 2014. We would greatly appreciate receiving your renewal as soon as possible.

New members are always very welcome too. If you have friends or neighbours looking for a worthy cause to support then please contact us on 3391 8833 or [admin@huntingtonsql.com](mailto:admin@huntingtonsql.com) for more information or a Membership Form.

Many thanks from all at HQ!

#### SUNNYBANK COMMUNITY & SPORTS CLUB

For the fifth consecutive year the kind members of the Sunnybank Community & Sports Club have donated funds to support HYPe (Huntingtons Youth Program etc).

To date the Club has donated a total of \$50,000 to Huntingtons Queensland. Their support and generosity has enabled our Welfare Officers to establish and grow this wonderful kids' program. A particular favourite activity is the annual family holiday at Hervey Bay.



**Huntingtons Queensland**  
is a not-for-profit service organisation  
Established in 1976

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## CONTRIBUTIONS & DISTRIBUTION

Please feel free to submit articles or photographs for consideration for publication in this Newsletter. The deadline for the next issue is 1<sup>st</sup> December 2014. Please email or post articles, details above. Please be aware that the Newsletter is published on [www.huntingtonssql.com](http://www.huntingtonssql.com) in addition to postal and email distribution.

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